



northern undergraduate
student society

The NUGSS foodbank has experienced a large increase in users over the past year. With the increase in demand, we have been struggling to keep the foodbank properly stocked for our students and the UNBC community. The following items are what we consider to be high need items:

1. Rice or Grains
2. Nut butters
3. Cereals
4. Pasta
5. Pasta Sauces
6. Individually packaged snacks
7. Canned proteins (tuna, salmon, chicken, beans etc.)
8. Gluten free products
9. Canned soups
10. Canned vegetables

All donations are greatly appreciated and can be dropped off to the NUGSS office (6-370) during regular office hours (Monday to Friday, 9 am to 4 pm).

Items can also be dropped off at the Food bank donation cupboard located down the hall from the NUGSS office after office hours. The cupboard is located beside the Free Store (across from the Free Textbook Shelf).